



Sundrops Centre for Child Development

Recommended parenting resources

Podcast

Unruffled with Janet Lansbury

<https://www.janetlansbury.com/tag/podcasts/>

Blogs/Articles

<http://macnamara.ca/kids-best-bet-blog/>

<https://drvanessalapointe.com/resources/>

Videos

<https://neufeldinstitute.org/resources/free/>

https://www.youtube.com/channel/UCx1bU-W_MzhMv9ZR_7JgR1g

Facebook Pages

<https://www.facebook.com/seedandsew.org>

<https://www.facebook.com/thevisibleparent>

<https://www.facebook.com/drvanessalapointe>

Books

Parenting Right from the Start by Dr. Vanessa LaPointe

Rest, Play, Grow: Making Sense of Preschoolers by Deborah MacNamara

Hold Onto Your Kids by Dr. Gordon Neufeld

The Whole Brained Child by Daniel Siegel and Tina Payne Bryson

How To Talk So Little Kids Will Listen by Joanna Faber and Julie King