

Cowichan Valley Child Care Resource & Referral

Spring 2019

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Greetings to All,

We are excited to feel the warmth and smells of spring and new beginnings. The team here at the CCRR in Sundrops Centre for Child Development are busy learning a new data base, preparing for workshops, tours, celebrations and hatching new ideas on how to better support and serve YOU!

We have been coaching a few providers through grants application processes, meeting with community partners to create a seamless support system for child care in the Cowichan Valley and of course, eating the delicious cookies, meat pies etc... at the Mindful Mouthful .

This newsletter is packed with all that we are working on and we hope you take a few minutes to review and let us know what you think?

All of the great work that is being done here is the result of a happy and cohesive team effort... thanks to Liz, Chloe, Rhiannon and Catherine (RCCRR Coordinator) for your passion and commitment to the children and families in the Cowichan Valley!

Looking Forward to Seeing You Soon!

Carmen

Program Coordinator



Your CCRR Team

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Hours: 8:30—4:00 Monday to Friday

(Excluding Statutory Holidays)

Closed April 19, 22 & May 20 2019

Like Us on Facebook!

<https://www.facebook.com/CVCCRR/>

CCRR Member Child Care Provider Group :



https://www.facebook.com/pg/CVCCRR/groups/?ref=page_internal

Cowichan Valley CCRR

www.clementscentre.org

Vancouver Island Regional CCRR

www.vancouverislandccrr.ca

The CCRR is a program of the Clements Centre,
funded by the Province of BC



Cowichan Valley Child Care Resource & Referral

From the Ministry of Children and Family Development (MCFD)

Child Care MCFD Updates

MCFD Hours: Child Care Service Centre hours have returned to 8:30 am to 4:30 pm, Monday to Friday **Call Toll-free:** 1 888 338-6622

ACCB Provides Relief: The Affordable Child Care Benefit is providing relief to families and is available to thousands of B.C. families with a yearly pre-tax household income of up to \$111,000 and can save families up to \$15,000 a year, per child, on the cost of child care. To learn more visit <https://news.gov.bc.ca/releases/2018CFD0102-002310>

Note: Applying for ACCB is a FREE process, please beware of those who are asking for a fee to help you apply. Contact your local CCRR for assistance or call ACCB Toll Free 1-888-338-6622.

Claim Forms: Child Care Providers... did you know you can use your cellular phone to take a picture of your Affordable Child Care Benefit claim form and email to ACCBclaims@gov.bc.ca ? This is the preferred method and the quickest way to receiving payment, however, you can still fax and mail in your claim forms.

BCeID: Have you signed up for a BCeID yet? A BCeID is an account that provides secure electronic access to online government services. Update your ACCB information right from home! Take a picture with your phone and have it instantly upload instead of being back logged with being faxed. Need more information, check out this link! <https://www2.gov.bc.ca/gov/content/transportation/vehicle-safety-enforcement/information-education/register-bceid>

Fee Reduction: The Child Care Fee Reduction Initiative lowers the cost of child care for parents each month. Parents do not need to apply for the fee reduction. Child care providers that are approved to opt in to the Child Care Fee Reduction Initiative receive funding to reduce parent fees. New applications are still being received. To see who has opted in and to read more visit <https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/running-daycare-preschool/child-care-operating-funding/child-care-fee-reduction-initiative-provider-opt-in-status?keyword=opted&keyword=in>

Child Care Planning Goes Global: Local child care needs from now through 2029 are the focus of \$3 million in municipal planning grants that will help ensure communities are responsive to young families.... To read more <https://news.gov.bc.ca/releases/2019CFD0029-000468>

Projects: The BC government has set up 53 prototype projects around the province to deliver child care at a maximum cost of \$200 per month per child... to read more <https://news.gov.bc.ca/releases/2018CFD0092-002172>

Cannabis: British Columbia's *Cannabis Control and Licensing Act* (CCLA) came into force October 17, 2018. What does this mean for child care providers in B.C.?

The CCLA authorizes adults to grow up to four cannabis plants per household. However, cultivation of cannabis for any use is prohibited in households that operate as licensed child care facilities (section 56 and 58). To align with this new legislation, Registered Licence Not Required (RLNR) providers are also prohibited from cultivating cannabis in dwellings used as child care, as stated in Child Care Resource and Referral Centre registration guidelines.



MORE CHILD CARE NEWS!

Hiiye'yu Lelum House of Friendship

Society Welcomes all Women & Families.

The Hiiye'yu Lelum Society is an important support with in the Cowichan Valley. Their goal is to have the healthiest babies possible by offering free, confidential personalized support. They help the community with their variety of support classes and counselling.

Hiiye'yu Lelum Society also offers Drop-In Groups with child-minding, transportation and with lunch provided.

Please contact Hiiye'yu Lelum Society for more information. 250-748-2242



Happy Easter

from the
Cowichan Valley CCRR



We Have Updated our Database!

We are excited to announce we have updated our data base!

Both the Toy & Resource lending Library and our Referral data base have been updated! We are excited for this new user friendly system! Thank you for your continued patience while we are learning to perfect our knowledge with this new system.

If you are a provider please make sure you have filled out and sent in your updated Registration Form. Please join our Provider Facebook Page for easy ways to update us if you are accepting referrals or any quick updates.

<https://www.facebook.com/groups/288156791979968/>

If you are a parent and are needing a referral please feel free to call one of our consultants today or visit our website where we have an online referral form.

<http://www.clementscentre.org/children/child-care-rr/>

More Training Funding

The Province is investing \$6.3 million into a variety of programs through its three-year, \$153-million Early Learning and Child Care Agreement with the Government of Canada.

This is part of an investment that will give early childhood educators and other child care providers more professional development training. This is the first investment in pro-d for the child care sector in more than a decade.

For more information of the organizations who received this funding, please use the link below.

<https://news.gov.bc.ca/releases/2019CFD0026-000367>



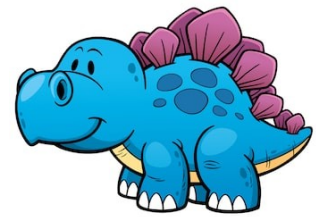
Upcoming CCRR Learning Opportunities

Location: Clements Centre 5856 Clements St. Duncan (unless listed elsewhere)

Gift Certificates are Available for Cowichan Valley CCRR Training Opportunities Listed Below!

Ready Set Learn!

Cowichan Valley CCRR is excited to announce we will be attending all the Ready Set Learn events in the Cowichan Valley this spring. The theme is Dinosaurs! We will have resources with us on site and ready for all your questions and lots of fun activities for the children!



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Wednesday April 17 12:30-4pm - Palsson Elementary School

Thursday April 25 12:30-4pm - Shawnigan Lake Community Centre

Thursday May 2 12:30-4pm - Duncan Community Lodge

Tuesday, May 28, 2019 6:30 PM – 8:30 PM (2hrs) Fee: \$15

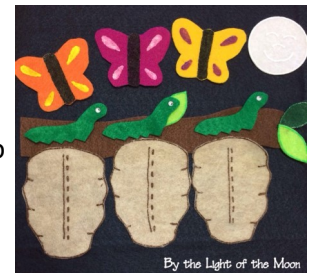
Facilitator: Rena Laberge - Felt Stories by Rena

Participants will enjoy a fun night learning how to make the perfect traveling felt board story. By the end of the night you will have your own story to take home and the knowledge to go forward and create more!

Rena will also be bringing Felt Stories available for purchase.



Going on a Picnic



By the Light of the Moon

May is Child Care Month !

Saturday, May 11 9:30-3:30 Child Care Tours

Join us on the Cowichan Valley Provider Tour! Come tour some of our amazing local Child Care Facilities and enjoy a networking lunch located at Alderlee Farm. This is a provocative learning experience for those adventurous enough to hop on board the tour bus! \$15 pp plus lunch

Thursday, May 29 Caring for the Care Provider 7:00—9:00

Celebrating our Cowichan Valley Providers! We are excited to be partnering with VIU to put on a special event to celebrate you! You do so much for so many families, that it is time to celebrate and relax with your fellow providers! Please RSVP as soon as possible so we can continue the planning process... cbarclay@clementscentre.org



Phone: 250-746-4135 Ext 231 or **Email:** cbarclay@clementscentre.org



Visit: <http://www.clementscentre.org/children/child-care-rr/> or **Come to:** 5856 Clements Street
More Learning Opportunities across the province may be found at <https://earlyyearsbc.ca/>

Career in Child Care? You Are Not Alone!

GOOD BEGINNINGS Responsible Adult & Family Child Care Training

Congratulations to the Graduates of March 2019

Good Beginnings Responsible Adult Family Child Care Course!

We are excited to announce the Cowichan Valley CCRR has 8 new graduates of the GOOD BEGINNINGS Course! That means the Cowichan Valley will soon have six new Licensed Family Child Care and two newly Registered Licensed Not Required providers opening in the valley! Some of the grads are applying for the New Spaces Grant funding, so this will impact when they get to open... but we can assure you, it will be worth the wait!



Interested in a Career in Child Care?

Now is a great opportunity to enter child care as a career and the CCRR is your partner for success! Specifically the Start Up grant funds up to \$4,500 and the New Spaces Grant up to \$250,000 for private providers. Plus you have the Cowichan Valley CCRR team for ongoing support for you and your families.

Are you looking to work in a licensed child care facility? We offer Responsible Adult training that gives you the 21 hours training you need to work with children. Responsible Adult job positions are needed to be filled in the Cowichan Valley! Contact us to be added to the interest list today!

Are you interested in offering child care in your home? Do you need more information about a career in Family Child Care, we can help! The CCRR offers Family Child Care training that covers everything you need to start your own home based child care business and prepare for the licensing process. If you are interested in taking the GOOD BEGINNINGS: Professional Development for Child Care Providers, Family Child Care course we are taking an interest list now. Once we have eight interested in taking the training we will set the date, we have some on the list already so it looks like September could be it!



For more about either of the GOOD BEGINNINGS trainings, please contact Cowichan Valley CCRR Program Coordinator Carmen Barclay at 250-746-4135 Ext 231.

Toy & Resource Lending Library

If you are registered Child Care Provider with CCRR you are able to borrow from our library!

Did you know that our Toy Lending Library has more than 35 Theme Boxes! Borrow a Theme Box for a month and help make planning a breeze!

Can't make it in to pick up or drop off a item ? That's okay !Call to schedule a time with one of our Consultants to bring the items you need to YOU!



Wild Forest Animals



Multicultural Dress Up



Farm #1

Safety Updates

Care Plans: With allergies season approaching, have you doubled checked if all your care plans are up to date? Does your child have a new allergy? Please let their provider know so a care plan can be developed to keep your child safe.

Recalls : Worried about recalls on certain products, find the recall list available on-line <https://healthycanadians.gc.ca/recall-alert-rappel-avis/index-eng.php?cat=4>

Reports: Facility Inspection Reports of licensed child care centres are available on-line <https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/reporting-on-child-care-facilities/licensed-day-care-inspection-reports>



BC ABORIGINAL CHILD CARE SOCIETY

The BC Aboriginal Child Care Society (BCACCS) is committed to nurturing excellence through community outreach, education, research, training and professional development, and advocacy to ensure every Aboriginal child in BC has access to spiritually enriching, culturally relevant, high quality early childhood development services. They value children and work with all their partners to ensure that Aboriginal ECD services across the province are delivered with the highest quality of current and promising practice.



Cowichan Valley CCRR (CCRR) is a BC Aboriginal Child Care Society (BCACCS) Host Library! This means we may offer contents of BCACCS rotating collection of resources to our BCACCS and CCRR members who have a signed borrowing agreement with the CCRR in the Cowichan Valley.



Cowichan Valley Child Care Resource & Referral



Are you a registered Child Care Provider with Cowichan Valley CCRR? YES...

Then this networking group is for you! Another benefit of belonging to a CCRR. There are three simple questions to answer and then you are in. We have the potential to connect, share, laugh and learn!

See you inside :)

https://www.facebook.com/groups/288156791979968/?source_id=1865032433815566

Sundrops and CCRR Staff's Top Picks for Spring Books: Click on the Link to Amazon



The Tiny Seed



- Springtime Babies By Danna Smith and Takako Fisher
- Lola Plants a Garden By Anna McQuinn and Rosalind Beard
- The Tiny Seed By Eric Carle
- Baby Loves Spring!: A Karen Katz Lift-the Flap Book By Karen Katz
- Mortimer's First Garden By Karma Wilson



Oatmeal Pancakes

Preparation Time: 10 Minutes **Cooking Time: 28 Minutes**

Common Allergens

Milk, egg, Wheat

Equipment List

Measuring cups and spoons
Large Bowl
Mixing spoons
Lightly greased griddle or large non-stick skillet
Spatula or other tool to flip pancakes

Ingredients

1 1/2 cups (375ml) Rolled oats
2 cups (500ml) Milk
1/2 cups (125ml) whole wheat flour
1/2 cup (125ml) All purpose Flour
1 tbsp. (15ml) Brown sugar
1 tbsp. (15ml) Baking Powder
1tsp. (5ml) Salt
1/2 tsp. (2ml) Cinnamon
2 large eggs, beaten
1/4 (60ml) Olive or canola oil

Instructions

1. In a large mixing bowl, blend rolled oats and milk: let stand five, minutes.
2. Stir together flours, sugar, baking powder, salt and cinnamon. Add dry ingredients, eggs, and oil to oats, stirring until combined.
3. Pour 1/8 cup (30ml) of batter for each pancake onto a hot, lightly greased griddle. Cook each pancake until edges become dry and surface is covered with bubbles. Turn and cook second side until golden brown(approx. 3 minutes per pancake).

Recipe taken from better Bites

Note childcare facilities with 8 + children should check with their Licensing Officer about what is needed to serve food.

Provided by <https://www.appetitetoplay.com/>



HEALTHY EATING &
PHYSICAL ACTIVITY
IN THE EARLY YEARS

Upcoming Virtual Workshops: Cost \$25.00

Appetite to Play has posted their Spring Schedule for Virtual Workshops! They are offering **2** hours of Professional Development. The online workshops are instructor led with opportunity for questions and interaction, if you choose!

The date options are for the same workshop, so just sign up for one of the offerings.

Please note, if you have already attended one of our previous Virtual or In Person Workshops, this will be duplicated content.

For more information: email atpinfo@cw.bc.ca

Mon April 15th 10am to 12pm	Tues, May 7th 10am to 12pm	Tues June 4th 10am to 12pm
Mon, April 29th 6pm to 8pm	Mon May 27th 6pm to 8pm	Thurs June 20th 6pm to 8pm

PARTNERS IN CHILD CARE



Sundrops Centre for Child Development supports children and their families.

- The Child Development Team provides children, birth to 5 years, who are at risk for / or have a developmental delay or disability with development consultation including speech and language, physical and occupational therapy.
- As part of the Child Development team, Supported Child Development supports children, birth to 12 years with extra support needs to attend child care.
- The Children's Family Support program provides life skills activities for school age children with disabilities

For more information visit <http://www.clementscentre.org/children/>



Early Childhood Educators (ECE) of BC, in partnership with the Province of BC has enhanced and expanded the ECE Bursary Program known as the ECE Education Support Fund. There are two programs designed to increase the number of students entering, re-establishing and graduating from recognized ECE post-secondary programs. The ECE Bursary Fund and the ECE Workforce Development Bursary Fund.

For more information on these exciting programs visit http://www.ecebc.ca/programs/student_bursary.html



BC Family Child Care Association is a provincial association of Family Child Care providers. Membership includes:

Affiliation with the Canadian Child Care Federation — Access to the BCFCCA and CCCF members only area on each website

Provincial and Federal child care newsletters — Members Facebook pages

Discounted rate on the BCFCCA Professional Record Keeping Calendar **(Available Now!)**

GOOD BEGINNINGS: Professional Development for Child Care Providers

For more information visit <https://www.bcfcca.ca/>



Canadian Child Care Federation is a National organization that values children and offers education, information and resources that supports quality child care in Canada.

Check out their website at <http://www.cccf-fcsge.ca/>



The BC Aboriginal Child Care Society (BCACCS) is a Centre of Excellence for Indigenous early learning and child care. Check out page 6 to see the Raven and Cedar Cultural Curriculum Kits on loan to Cowichan Valley CCRR!

BCACCS helps Indigenous communities develop high quality, culturally respectful, spiritually enriching, community child care services that are based in the child's culture, language and history. To learn more visit

<https://www.acc-society.bc.ca/about/>



BC Aboriginal Child Care Society

Child Care Licensing Officers inspect, license and monitor over 1,000 licensed child care facilities in the Island Health region. They conduct regular routine inspections and at each inspection they leave an inspection report outlining the licensees' compliance with the requirements of current legislation and regulations. To access the licensing inspection reports https://www.healthspace.ca/Clients/VIHA/VIHA_Website.nsf/CCFL-Frameset

To access Child Care Licensing visit <https://www.islandhealth.ca/our-services/community-care-facilities-licensing/child-care-licensing>

