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Welcome Newest Members!

Coordinator's Message...

Welcome Autumn, a time for vibrant colours and the sounds of children playing in the fallen leaves and puddles. Welcome to CCRR's newest provider members Meghan and Leanne, page 8!

The Cowichan Valley CCRR Team has been busy preparing the provider and public resource libraries for borrowers to access. Please contact us for a list of available resources 250-746-4135 Ext 235.

We are excited to be sharing joy and inspiring the use of the *Early Learning Framework* through our *Community of Practice* known as *Sasquatch Clan Gatherings*. For updates, watch CCRR's Facebook. If you are in need of the *Early Learning Framework* and the companion books, please let us know, we may have some for you!

We are thrilled to welcome Pedagogist Sara Ashley to the Cowichan Valley CCRR stream, from the Early Childhood Pedagogist Network. Check out page 7 to see what Sara and Samantha are working on.

There is much to be thankful for and we wish you all a healthy and happy Autumn. Remember to look for and create moments of Joy and Wonder... they are still available for all who seek them.

Thank You for your patience and adaptability during these ever changing times.

All the Best,

Carmen Barclay MA

With respectful acknowledgement that Cowichan Valley CCRR, a program of Sundrops Centre for Child Development, lives, works, and plays on the traditional unceded territories of the Cowichan Tribes.
Huy ch q'u

Cowichan Valley CCRR

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Office Hours: 8:30 AM—4:00 PM M-T-F
NEW 8:30 AM—7:00 PM W-Th

Like us on Facebook!

<https://www.facebook.com/CVCCRR/>



CCRR & ECPN Websites

Cowichan Valley CCRR: www.clementscentre.org

Provincial CCRR: www.ccr.bc.ca

Early Childhood Pedagogy Network: www.ecpn.ca

The CCRR is a program of Sundrops, funded by the Province

"This newsletter contains information relevant or of interest to child care providers, parents and community. The information is not advice, and should not be treated as such."



CCRR Closed Statutory Holidays:

October 12, November 11, December 25, 28, January 1

Cowichan Valley Child Care Resource & Referral

Ministry of Children and Family Development (MCFD) Updates



[COVID 19 Child Care September 23, 2020 Newsletter #9:](#) this link covers - Updated K-12 health guidance Mouthwash COVID-19 test for K-12, Video town hall with scenarios for children with symptoms of illness and New items on COVID-19 supply hub page

MCFD Information for Providers: Many of the links and information you will need is in this link

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-response-covid-19/child-care-response-covid-19-provider>

BC Centre for Disease Control Child Care and Schools:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/childcare-schools>

BC Voting Link: <https://elections.bc.ca/voting/voting-safely-and-covid-19/>

CCRR Reflections 2019-20

Child Care Resource and Referral Team

Program Coordinator: Carmen Barclay — Program Consultants: Liz Manraj, Denise Gray, Ami Mullins

The Cowichan Valley Child Care Resource and Referral (CCRR) had a very interesting and fulfilling fiscal year in 2019/20. We managed to meet all the goals set for this time period plus a little more.

Everyone of the CCRR Team managed to engage in their own professional development as well as offering 23 workshops and 1 conference open to child care providers, parents and community. We hosted a GOOD BEGINNINGS Responsible Adult 5 graduates and Family Child Care 5 graduates. One Family Child Care was successful in securing the New Spaces and the Start Up Funding for her centre.

We were able to support child care referrals to 82 child care centres throughout the Cowichan Valley, the providers consists of Registered License Not Required, Family Child Care and Licensed Group Centres.

We were able to provide information and support to families and child care providers for the application and claim process to the Affordable Child Care Benefit program.

Our toy and equipment library was refreshed, we added a few new items and created a beautiful catalogue for ease of selecting items. Please visit our Website and Facebook to view the catalogue.

We were busy with our community partners to co-host a Celebration for the Rights of the Child at the Cowichan Community Centre and also the Hearts Hands and Mind conference at Vancouver Island University in the Cowichan Campus. We also hosted drop in playgroups in Chemainus and were guests at Healthy Beginnings and the House of Friendship parent child drop in playgroups.

We finished this fiscal year working in the Novel COVID-19 Pandemic and would like to thank everyone for their support and kindness through such challenging times.



Cowichan Valley Child Care Resource & Referral



First Nations Updates

Hiiye'yu Lelum House of Friendship



Promoting Wellness and Unity the Hiiye'yu Lelum addresses the needs and aspirations of Aboriginal people by providing holistic programs and services.

Visit <https://www.hofduncan.org/>

Hiiye'yu Lelum Society 250-748-2242

BC Aboriginal Child Care Society

The Importance of Indigenous Early Learning and Child Care



BC Aboriginal Child Care Society

In Indigenous terms, early learning and child care programs, services and supports are holistic, inclusive, flexible and accessible to all children birth to six years and their families. They put each Indigenous child's needs and best interests first; ensure equitable and culturally grounded teaching; and reflect Indigenous knowledge in caring for and educating our children, and supporting our communities.

To learn more visit <https://www.acc-society.bc.ca/ielcc/>

General Inquiries

Phone: 604-913-9128

Fax: 604-913-9129

Email: reception@acc-society.bc.ca

First Nations Health Authority

Aboriginal Head Start on-Reserve (AHSOR) funds early childhood intervention strategies that support the health and developmental needs of First Nations children from birth to age six, and their families. The goal is to support programming that is designed and delivered by First Nations communities in an effort to meet their unique needs.



First Nations Health Authority
Health through wellness

Objectives

Support the spiritual, emotional, intellectual and physical growth of each child. Support and encourage children to enjoy life-long learning. Support parents, guardians and extended family members as the primary teachers. Encourage parents and the broader First Nations community to play a role in planning, developing, implementing and evaluating the AHSOR Program. Build relationships and coordinate with other community programs and services to enhance the effectiveness of the program. Encourage the best use of community resources for children, as well as for their parents, families and communities.

For more information visit: <https://www.fnha.ca/what-we-do/maternal-child-and-family-health/early-childhood-development>



Cowichan Valley Child Care Resource & Referral

Professional Development & Networking



On-Line Webinars

Early Years Professional Development: a portal to search for Early Years Training across BC

Visit: <https://earlyyearsbc.ca/>



Early Childhood Investigations: Free webinars for early childhood education

Visit: <https://www.earlychildhoodwebinars.com/>



Crisis and Trauma Resource Institute: <https://ca.ctrinstitute.com/online-training/>



NEW! BC Early Years Hub online learning hub [https://bcearlyyearshub.ca/?](https://bcearlyyearshub.ca/?fbclid=IwAR0L63qV3MKW8cUwiA07Pdwb0losedQ3iw6vMg-7iivTvJHzq0v5XITuR8A)

[fbclid=IwAR0L63qV3MKW8cUwiA07Pdwb0losedQ3iw6vMg-7iivTvJHzq0v5XITuR8A](https://bcearlyyearshub.ca/?fbclid=IwAR0L63qV3MKW8cUwiA07Pdwb0losedQ3iw6vMg-7iivTvJHzq0v5XITuR8A)



BC Early Years
Professional Development Hub

BC Council for Families On-Line Parenting Programs: <https://www.bccf.ca/program/>



Neufeld Institute: www.neufeldinstitute.org

Cowichan Valley CCRR In Person Workshops and Courses

Please Note: The Following Workshops May Be Switched to Webinar

Workshops: Call 250-746-4135 Ext 235 to Register

The Basics of Car Seat Safety, October 22nd, 6:00-8:00 PM - Clements Centre

We will cover the basics of car seat safety with Certified Car Seat Technician, Laura Hagan.

Reggio Inspired Loose Parts with Cindy Batyi, November 5th 6:00-8:00 PM—Webinar

Join us as we explore the world of Loose Parts and how they benefit Children's Development and Imagination.

Communities of Practice

Early Learning Framework Sharing Circle with Ocean & Cheryl

October 8 & November 12 these virtual sessions are free using Go To Meeting 6:30—8:00 PM



October 10



November 20

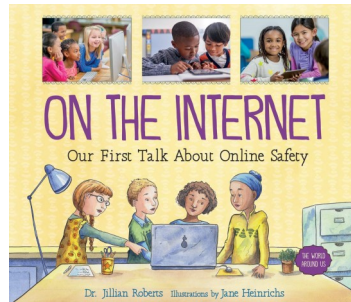


Cowichan Valley Child Care Resource & Referral

Public Resources and Provider Toy Lending Library



Recently Added Books to Public Resources

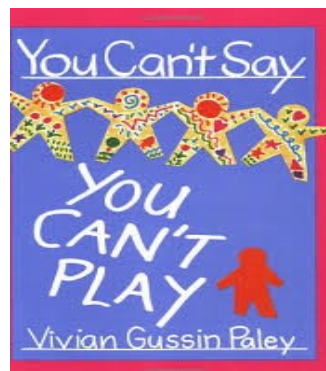
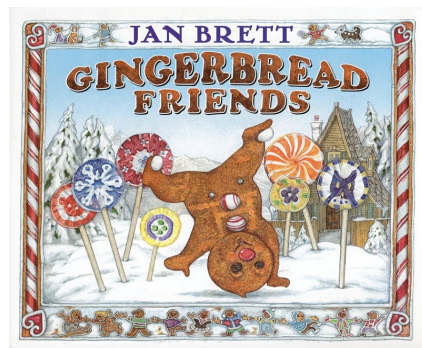
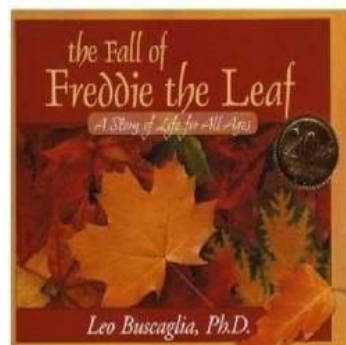
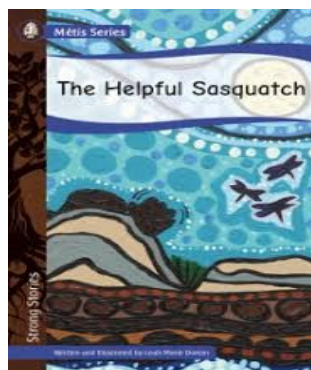


Above Books are Available to ECE's, ECE Students, Caregivers, Parents, All Interested in Quality Early Learning

Contact a CCRR Consultant to access the public resource list!

For the books below, if they are in a kit you will need to borrow the whole kit. Please contact us for more details.

Staff's Top Picks for Fall



Click Picture to Access On Line Link

- ◆ **The Helpful Sasquatch** by Leah Marie Dorion
- ◆ **The Fall of Freddie the Leaf** by Leo Buscaglia, Ph.D. (Fall Theme Box #178)
- ◆ **Gingerbread Friends** by Jan Brett (Winter Theme Box #171)
- ◆ **You Can't Say You Can't Play** by Vivian Gussin Paley

Vancouver Island Regional Library Cowichan has lots of amazing children's resources <https://virl.bc.ca/read-watch-listen/audience/kids/literacy-kits/>



Nutrition & Physical Activity

SPLIT PEA SOUP



Yield: 10 child size portions
Preparation Time: 10 minutes
Cooking Time: 60 minutes
Common Allergens: Soy (if using soy sauce)

History: This traditional soup from Quebec was eaten by early French Canadian explorers & woodsmen as the nutritious ingredients travelled well without need for refrigeration. The soup was flavoured by cooking it with salt pork, or in more recent times, a ham bone. This vegan version uses smoked salt or liquid smoke to replace the ham bone. Even without the smokey flavour the soup is still great.

Benefits: Split peas have protein, iron & fiber & are a great way for children to get used to eating regularly.

INSTRUCTIONS

1. Heat olive oil on medium-low heat in a large pot. Stove Large Spoon knife Large Pot Cutting Board
2. Add onion, celery, carrot, and garlic.
3. Sauté, stirring often until all is softened (approx. 5 minutes)
4. Add: Split Peas, Bay Leaf & Stock (or water) & bring to a boil
5. Reduce heat, simmer partially covered, stirring occasionally until peas are soft; approx. 40 minutes
6. Add soy sauce (or smoked salt)
7. Adjust flavors as needed & thin with more hot water if broth is too thick

EQUIPMENT

INGREDIENTS

- ◆ 2 Tbsp Olive Oil
- ◆ 1 onion, diced
- ◆ 2 stalks celery, diced
- ◆ 2 large carrots, diced

<https://www.appetiteplay.com/healthy-eating/recipes/split-pea-soup>

Note: Childcare facilities should check with their Licensing Officer with regards to serving food, and also COVID protocols by BCCDC



HEALTHY EATING &
PHYSICAL ACTIVITY
IN THE EARLY YEARS

LEAF COLLECTOR

Age: 3-5

How to Play

Find a space outside that has some trees that are dropping their leaves. Select a leaf from the ground and station yourself a small distance away from where you choose the leaf if possible. Then ask the kids to find a leaf that is:

- ◆ The same size as your leaf
- ◆ Has the same shape
- ◆ Has a different shape
- ◆ Is the same colour
- ◆ Has two different colours on it

Change It Up / Alternatives

- ◆ Read a book about falling leaves before the game.
- ◆ If you have a participant who uses a wheelchair, be intentional around the location that you select to allow them to participate. Perhaps collect a large pile of leaves and bring them to a location with a hard top, such as a basketball court.
- ◆ If you have a child with another type of disability not mentioned above, they may be able to participate in this activity without adaptations or modifications.

<https://www.appetiteplay.com/>



Cowichan Valley Child Care Resource & Referral

Early Childhood Pedagogy Network

www.ecpn.ca



How do Pedagogical Narrations Invite Us To (Re)Think Curriculum in Early Childhood Education?

This newsletter piece is an invitation to early childhood educators in the Cowichan Valley to engage in a conversation about pedagogical narrations and curriculum in early childhood education. Each quarter, we will write a brief offering that we hope will inspire educators to wonder, notice, and talk together about the relations between pedagogical narrations and the making of early childhood curriculum.

The [BC Early Learning Framework](#) (2019) invites us to think about questions of living well in the world together, and challenges us to let go of predetermined outcomes in order to keep learning processes “alive” (BC ELF, 2019, p. 51). We offer this initial piece to collectively question how pedagogical narrations might be engaged within our efforts to create liveable (living well together) practices in early childhood education (Vintimilla, 2018).

As pedagogists, we are curious about the assumptions we hold in our practices about children and learning; we think questioning these assumptions invites us into a space of keeping learning alive. We wonder what the work of creating curriculum through pedagogical narrations might do to generate openings for questioning assumptions. We also wonder about the conditions required to keep pedagogical narrations open to such possibilities of keeping learning alive.

Within our work as Early Childhood Pedagogy Network (ECPN) pedagogists, we are invited to think about these conditions alongside educators. We orient ourselves toward particular pedagogical commitments with which to think: for example, we think about opening possibilities for a more just world through collaboration and learning together; we value being responsive to multiple voices, presences, lives and futures, and question how we might create conditions for living well together; we view pedagogical narrations as being co-constructed, as they are not created by individuals and about individuals alone. As we orient ourselves toward these particular pedagogical commitments, we invite educators to engage with pedagogical narrations as a way to collectively reflect on assumptions, and to think together about the kind of world we want to live in.

To continue this dialogue, we invite you to join us for a series of virtual learning circles happening in the Cowichan Valley, taking place sequentially on October 29, 2020, November 19, 2020, and December 3, 2020 (6:30-8:00 pm). The learning circles will focus on a dialogue about the relations between pedagogical narrations and the making of curriculum in early childhood contexts.

To register for Learning Circles:

https://westernuniversity.zoom.us/meeting/register/tJUvcutqjkhNT5Ar-bE5hJkKw_pgTftUpz0

To Register for Oct 5 or 6 Information Sessions:

<https://westernuniversity.zoom.us/meeting/register/tJUpeCqqDkrH9ZewRjckUGmB1UAu8NZbvYE>



Cowichan Valley CCRR/ECPN Pedagogist's Samantha Wylie & Sara Ashley

Reference

Vintimilla, C. D. (2018). Encounters with a pedagista. *Contemporary Issues in Early Childhood*, 19(1), 20-30. Doi:10.1177/1463949116684886



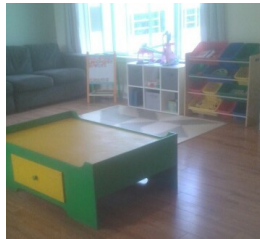
Cowichan Valley Child Care Resource & Referral



Welcome to Our CCRR Newest Providers

Meg's Les Petits Enfants (RLNR) - Welcome Meghan

Meg's Philosophy: Children are a joy and a gift from God! I strive to provide a safe, learning and nurturing environment for each child to explore, develop and grow was an individual created by God. A children's "work is play", children learn, explore and experience through play which includes indoor and outdoor play. Being an English-French speaking family French language will be used during childcare operating hours to encourage children to learn a second language with appropriate learning tools and exposure. I offer a play based curriculum, focused on cooperative play. I believe we are all unique individuals created by God and that children learn through play and experiences. I believe a strong family and support is essential to a child's well being.



Jubilee Montessori — Welcome Leanne & Team

We offer a child-centered educational approach. Jubilee Montessori program is based on the strong foundation of Dr. Maria Montessori's philosophy to provide exceptional learning opportunities in a prepared environment.

Our teachers are Early Childhood Educators with Montessori training and experience. We are committed to nurture, guide, build positive self-esteem and empower our students in their critical learning years. Our teachers continue their professional development by attending workshops, training sessions and personal growth.

