2019-2020 Annual Report

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A Message from Our Board President and Chief Executive Officer

2019 marks a huge year for the Cowichan Valley. With support from our community and the BC Gaming commission, a new facility in Cobble Hill for adults living with disabilities is nearer to becoming a reality.

In the fall, Clements welcomed surveyors from CARF and after three days of review, achieved a three-year accreditation certificate. Our 4th successful survey and a testament to our extraordinary team of employees and board, and their commitment to ongoing quality assurance.

Clements is in the enviable position of having a knowledgeable Board of Directors committed to the mission of the Society. In respect to fiduciary duties, the Board continues to exercise due diligence and works with the CEO in the implementation of the strategic plan. The extraordinary staff team who every day provide caring and support to individuals and families facing developmental challenges is a huge asset to the Society.



And to our donors - none of these accomplishments would have been possible without your gifts of time, expertise and funds.



In the early days of the

pandemic we are incredibly grateful for the immediate support of our donors. You were quick to respond to the need for funds to ensure the safety of all involved, allowing essential services for families to continue.

with your ongoing support and contributions, families will continue to receive quality service for their children with special needs and adults with developmental disabilities will continue to be included, valued and celebrated by their community. You have made a world of difference to children, youth, adults and families at Clements. Thank you!



Our Vision:

The Clements Centre Society envisions a community in which all individuals are included, valued and celebrated.

Our Mission

We assist children and youth with developmental needs and adults with developmental disabilities to reach their full potential. We do this by providing a comprehensive range of services for individuals and the families who care for them "In a forest of a hundred thousand trees, no two leaves are alike. And no two journeys along the same path are alike."

Paulo Coelho

From Birth to Adulthood, Josh's Experience with Clements Centre

With support of the community, Clements Centre for Families has been offering services to children with special needs and their families as well as adults with developmental disabilities for over 60 years. The range of services offered by Clements is considerable, from infants to retirees and all those between. Each year we report on each of the programs delivering services to families.

This year we are dedicating the annual report to a demonstration of how it all fits together. Josh and his family have agreed to help by sharing their story.

Josh's mom Deb went for a routine triple screen blood test 4 months into her pregnancy. Following the test, her doctor informed Deb that it was possible her baby would have Down syndrome. Deb reports that she was 'shocked, surprised, and stunned' and remembers waiting for the doctor to say he was kidding. When he didn't Deb and Jim had to admit they knew very little about Down syndrome.

Josh was born at 32 weeks gestation and stayed in the special care nursery for 7 weeks. When they were finally able to take him home Deb reports "he slept so much we were worried he was not getting enough to eat". Today of course Deb and Jim know a lot more about Down syndrome and Josh has proven the best teacher.

Sundrops Centre For Child Development

Josh's Experience



A local paediatician told Deb and Jim about the Infant Development Program which was the first service accessed by the family. Infant Development consultants supported the Ryan family to connect with other families of children with Down syndrome. Deb reports "it was good to find out how other parents were doing and what issues might come up in the future". As the families shared their experiences their children also connected as time went on through services, through school and even today as adults. Eventually other members of the Early Intervention team became involved in supports to Josh including Occupational and Speech/Language therapists. All those years ago, Clements Speech Language program offered a Hanen Program and explored with the family Josh's strengths and needs around language. Today Deb credits the physical and occupational therapies for Josh's ability to ride a bike.

Early Intervention Program

Impact

750 families served in 2019-2020

7 different groups for parents and their children

COMMUNITY

Clements Early Intervention team has for decades received the support of Duncan Volunteer Fire Department. For many years the department hosted a Circus with proceeds devoted to Occupational Therapy. Clements values the loyal, tremendous, long standing support of the Duncan Volunteer Fire Department.

Supported Child Development Program

The Supported Children Development Program (SCD) assists families of children who require additional support to access inclusive child care. Working with child care centres, preschools, family daycares and out of school care programs, we provide consultation services and extra staffing assistance to ensure inclusive practices for children who have a demonstrated need for additional support. The program also provides help and information to parents so that they can access the type of care that best suits their child's needs and ministry financial support on behalf of the Ministry for Child and Family Development. Over the past year the program served 211 families. When the pandemic reached our community, the program staff supported families facing uncertainty with regards to child care, particularly due to school closures.

Highlights from Josh's Experience with SCD

"Every time I would visit the center to check in with the provider if Josh was already there would come up and greet me with a smile and a hug"

"Josh loved circle time, songs and music, whenever there was music playing in the background Josh would be up and dancing. He loved to drum and play guitar. He would take containers and empty them, turn them upside down and use the container as a drum."

"His laugh is very infectious and when you left the center after your visit, I always left with a smile on my face." "Some children have a difficult time with transitions and if there was a child who was upset or having a hard time leaving their parent Josh would come sit next to them, sometimes with a toy or book to share. He was also known to offer comfort by rubbing their backs."

Children Family Services

At CFS children and youth get together with others in their age group for after school programming that is all about connecting and contributing to their community. One of those long standing connections is with the Shawnigan Lake School. "Josh's exceptional ability to build rapport is a large part of why our connection with the school has been so successful. He would notice a new cologne or haircut, somber faces, rugby injuries, nail polish etc. and engage in hearfelt discussion with each and everyone of his friends. He always sends them back to Shawnigan with smiles on their faces and new found joy to start another week"

Impact

9 weeks of full time summer programming

57 families served

Fast forward to graduation. According to others in the class "During the graduation ceremony when Josh's name was called the whole graduation class stood up, clapped hands and chanted his name as he crossed the stage to accept his diploma."

As is common for many youth his age, there was a lack of services available to Josh when he reached 19. Josh's family was part of a larger group of parents who formed a society and began advocating in earnest for their adult children.



More about Next Step

Eventually Community Living BC agreed to fund service for those families and contracted wth Clements Centre to deliver the Next Step Program. The group is relatively small, similar in age and with a shared interest in community inclusion, independent skill development and fun social interactions

Impact

9 young adults supported

2 vehicles

Countless community outings



Community

The original group of parents remains very involved in the Next Step program. We are grateful for their support. The program has also received support from 100 Men Who Care Cowichan who donated \$5000 towards the costs of sensory equipment and supplies specifically for those who attend Next Step. While our ministry contracts cover costs related to staffing and space rental, those donated dollars allow for the purchase of additional supplies and equipment. Weighted blankets, calm down kits and so much more ensure that the Next Step experience meets the sensory diet needs of all who attend.

Time to get to Work-Supported Employment Program

After high school, Josh was offered a job at the Pharmasave in Will Bay. Here he assisted with stocking shelves, receiving magazine and book orders, setting out planograms, regular cleaning duties, handing out calendars, and bagging merchandize at the till. Experience in customer service garnished many compliments as Josh is inclusive and kind to others. Eventually he received a referral to Clements' Supported Employment program for support to find another position. The program supported him to update his resume to both credit his previous work experience and highlight his gifts and strengths. An excerpt:

Josh is a 22-year-old young man with a Jgregarious personality. He enjoys filling his free time with bowling, wrestling, swimming, playing instruments, and listening to music.

Josh is seeking part time employment where he can become a valued team member. He is hoping for this to occur in an office type setting verse he can put his shredding skills to work.

Confidential papers are the safe in Josh and ds as he is one of the most bondable people you'll even meet. He would do well with a set schedule of short shifts, a couple of days per week. Josh is a very motivated and reliable individual. He is friendly and always smiling. He follows direction well and could be an asset to your team. Impact 37 Job 5 e e k e r s served this year

> 28 of the 37 Job Seekers are now <mark>em</mark>ployed!



Community Involvement

Community support for Clements' Supported Employment Program is significant. An incredible number of inclusive employers offer work to adults with developmental disabilities. These provide opportunities for adults to earn a wage, contribute to their community and be recognized for their abilities. Clements salutes Inclusive Employers

Celebrating Our Employees

Working Together and Responding During Extraordinary Times

As the community grappled with the swift and dramatic effects of COVID-19, it was quickly apparent who the essential and frontline heroes were. At Clements we already knew. We were in the iincredibly fortunate position of having a devoted employee team who continued without interruption their direct, hands on support for those most vulnerable.

The annual general report offers an opportunity to publically recognize those essential Clements Centre employees, THANK YOU for your service to others.

With gratitude we also recognize employees who have reached these milstones.



"We Get By with A Little Help from Our Friends"

With our donor's support we are able to bring hope, belonging and independence to those we serve. We couldn't do what we do without you! Thank you

\$1000-\$5000

\$5000+

\$500-\$1000

Patrick Priestner Adriana Palasz Krystyna Thomson Gordon & Leslie Smith Helen Evans Darrel & Leslie Welin Barbara & Michael Stone Duncan Lions Club Matrix Marble and Stone Krawchuck Enterprises Inc.

Greg Adams, Dr. Ron Smith, Dick Drew, Ken Rieder, Bob Pender, Doug Bodger, Glen Naylor, Dr. Scott Stewart, Dr. Randy Koniuk Duncan Volunteer Fire Dep. 100 Men Eric Rundquist Catherine Hudson Dr. Chris Urguhart Laurie & Gareth Beverley Donna Hobson

Huge thank you to all of our Grants received in this year which have made many projects a reality

Our Cowichan Small grant -Sundrops (Play Group) 2,000.00 North Cowichan Grant-in-aid -Fence at Banks 5,000.00 Knaack Grant -pt/ot equip / cap camp 500.00 CVRD- Capital Champion for kids Fund 6,500.00 Volunteer Firemen (PT Occupational therapist) 16,200.00 Children's Health Foundation -Family Resource 40,000.00 Capital BC gaming grant Cobble Hill building 250,000.00 Island Savings community grant - Community Living Days Mosaic Forest Management Grant- Community Living days 600.00 & 1,000.00 Direct Access Gaming Grant Seasons and Sundrops 36,620.00

Total Grants for the period Apr.1.2019 - Mar.31.2020 \$358,420.00 **Daniel Des Roches** John & Ruth Howells Judith & Erdmann Knaack **Donald Smillie** Nancy Brennan Susan Cairns Sean & Nancy Davison Darryl Rundquist Douglas William Ramwell Trust Kenneth & Andrea Blum Knights of Columbus Mill Bay Garden Club Norma Irving

Up to 500 Dollars

Patricia Angus Rudy Massimo **Robert & Dorothy Napier Neil Peters** Wendy Freid Lois Gage Wendy Williams Edward & Sharon Arnold **Dianne Hinton** Margaret Hudson John Lore

Sharleen & James Phelan Terry Stenberg James Wisnia Nick Wowitka Mr. Mikes Steakhouse Shawnigan Lake Player Minke Vanderweide Valerie Townsend Sue Fraser Andrea MacDonald **Christina Mckinlay** Dr. Gerald Philippson

Lori Taylor Lori Wright Hilary Abbott Mary Barbour Margaret Bass **Cherry Beckett** Genevieve Boden Bee Greenway Sonia Latter **Archie Moffatt** Shanna Moore Charles & Margaret Rowley **Trudy Thorgeirson** Mary-Lynne Weberg Irene Wilson Cathryn (Udesen) Parker Wendy Wiersma **Peter Dewaal** Frank Fraser Edith Strocen Melissa Telfer Darlene Wiilliamson Barry Martin Leon Signs Island Domestic Services





The Year in Pictures







With the Support from:







United Way Central & Northern Vancouver Island



Chidgen's HEALTH FOUNDATION OF VANCOUVER ISLAND