News from CCRR at the Clements Centre!
Thank you to everyone that comes out to our workshops. The presenters really enjoy sharing their information and experience with you. Our most recent workshops in collaboration with the Sundrops Centre for Child Development were:

February 25th “Social world of the child”
&
March 30th “An Evening With Sundrops Physiotherapists”

Your feedback and ideas are always appreciated. See you at future workshops!

Enhancing your child care programs through conversations.
During Child Care Month in May, many providers reflect on the programs they provide for children and families in our communities and nations. Their reflections lead to conversations at staff meetings, family child care association meetings, conferences, and when providers get together for coffee. So if you are having these conversations with your peers and I encourage you to do so, consider including the following questions.

Do we ask children what they like about the child care centre or home-based environment? Are we offering programming that are enriching and culturally sensitive? Does our team agree on the meaning of play-based learning? Do I make it a priority to attend workshops and courses to enhance my skills? While offering safe, caring programs are we respectful of cultural practices concerning eating, sleeping and guiding behaviour?

As you talk with each other and discuss these questions, keep in mind the importance of seeing the world through the child’s eyes. Thank you for your passion for child care, and the knowledge and skills you bring to your programs.

Myna Thompson, Program Coordinator

Inside this Issue
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From the Ministry of Children and Family Development (MCFD)

https://news.gov.bc.ca/releases/2017CFD0004-000435

Province supports new child-care spaces, ECEs

“Continued investments under the B.C. Early Years Strategy, along with the addition of $20 million in Budget 2017, are enabling the Province to fund more than 5,000 new child-care and after-school program spaces, as well as early childhood educator (ECE) bursaries in 2017-18”.

Details on program information sessions, applications and criteria are available online. The application deadline is 4:30 pm on May 15, 2017.

Visit: www.gov.bc.ca/childcaremajorcapitalfunding

Non-profit child-care providers can apply for up to $500,000, and private child-care providers can apply for up to $250,000 to help build new child-care spaces in their communities.

The BCFCCA has been supporting family child care providers in BC since 1981.

“Good Beginnings, Professional Development Training for Family Child Care Providers”
(Revised Edition 2017) is online training family child care providers.

For more information about BCFCCA: Phone: 1-800-686-6685 or visit: http://www.bcfcca.ca

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For local membership info visit http://www.svifcca.com/ (Southern Vancouver Island Family Child Care Association)
Lending Library - Provider Resource Book

101 Things For Kids To Do Outside #0000585
by Dawn Isaac

This book is full of exciting outdoor activities. These include short ones like skipping games with rhymes, or painting with water, to projects that are a bit more involved like making a nature walk bracelet, or bird feasts.

Beautiful bright photos illustrate the steps involved and ideas that suggest what each activity might look like, or how they may be used. There are also helpful lists of items needed for each activity.
Toy Lending Library Spotlight

Introducing a new little addition to our Toy Lending Library: **The Mini Puppet Theatre Set**!

This is a great, compact puppet theatre for those who do not have space for the larger puppet theatre (which is also great!). Puppets are wonderful because they:

- Encourage children to use their imaginations
- Can be used to explore and identify emotions
- Help to develop motor skills
- Boost confidence with speaking and reading
- Increase group participation

For these reasons and many more, try using CCRR puppets in your programming.
**Professional Development Training**

**Licensing Information Session**
Date: Saturday, April 8, 2017  
Time: 9:00am—12:00pm  
Fee: **FREE**—registration required  
Venue: Clements Centre

**Care Provider Appreciation Workshop**
Presenter: Dr. Linda Hill  
Date: Tuesday, May 30, 2017  
Time: 6:00-8:30pm — Dinner 6:00-6:30pm  
Fee: $10.00  
Venue: Clements Centre

**Biography for Dr. Linda Hill**

"Linda has been guiding diverse groups of adults, youth, and children to build inclusive, welcoming and respectful schools, neighbourhoods, work-places and communities for over forty years. She has researched and developed two of the core sets of Inclusive Leadership skills: skills for connecting with differences and skills for Building Bridges within and between groups.

These skills are explored in her books: Discovering Connections (1998) and Connecting Kids (2001). She is working on her third book based on the past decade’s Inclusive Leadership research and practice".

https://inclusiveleadershipco-op.org/inclusive-leaders-in-action/members-of-the-ilc/linda-hill/

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**Quick & Delicious Recipe to Try**

Use tortilla wraps & a muffin tin to make individual egg, salami & tomato bites.

**Ingredients:**
- 2 large tortilla wraps
- 4 eggs
- chopped vegetables
- 6 slices salami
- 3 cherry tomatoes, halved, plus extra to serve
- handful basil leaves

Heat oven to 350F. Using a 12cm cutter (or a small plate) cut circles from the large tortilla wraps – you should get 6. Use the circles to line 6 holes of a muffin tin, pushing them into the holes to make cases. Beat the eggs and pour into the tortilla cases (you can add some chopped vegetables too, if you like). Top each case with a slice of salami and 1/2 a cherry tomato. Bake for 15 mins until the egg has set. Top with a few basil leaves, if you like, and serve with extra tomatoes and vegetable sticks.

Visit: https://www.bbcgoodfood.com/recipes

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**New ECE Professional Development Web Portal!**

Early Years BC has designed a web-based pilot project for ECEs.

To find professional development opportunities throughout the province visit: https://earlyyearsbc.ca/
Cowichan Valley Child Care Resource & Referral

Community Events & Special Days

April
- Autism Awareness Month
- SD#79 Ready, Set, Learn events Thursdays (Pg.7)
- CCRR Closed April 14 & 17 for Easter
- Earth Day April 22

May
- Child Care & Speech and Language Month
- CCRR/Sundrops Open House May 3
- Child Care Provider Appreciation Day May 18
- Mother’s Day May 14
- CCRR Closed May 22 Victoria Day
- Child Care Provider Appreciation & workshop May 30

June
- Father’s day June 18
- National Aboriginal Day June 21

Health and Wellness

When "I" is replaced with "WE" even illness becomes wellness.

Sunday, May 7, 2017
- National Child & Youth Mental Health Day
  http://www.familysmart.ca/files/Say.jpg
- Mental Health Support web link:
  http://www.familysmart.ca/

CCRR & Sundrops CDC invite you to our Open House on Wednesday, May 3rd.

Come join the celebrations for “Child Care and Speech & Language Month.”

Time: 2:00pm-6:00pm

Place: Clements Centre

Everyone welcome!
School District #79 Presents: Ready, Set, Learn 2017

This year’s theme is JUNGLE!

A FREE Drop-In Educational and Health Fair for children 2-5 years old and their families

**Time: 12:30-4:00pm (at all venues)**

- Shawnigan Lake Community Centre  Thurs. Apr. 6
- Palsson Elementary School       Thurs. Apr. 13
- Chemainus Community School     Thurs. Apr. 20
- Alexander Elementary School    Thurs. Apr 27

Connect with community resources

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Out and About in the Cowichan Valley

**Parks with Playgrounds and Picnic Areas**

http://bc-cowichanvalley2.civicplus.com/268/

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**Parks and Trails in the Cowichan Valley**

http://www.cvrd.bc.ca/DocumentCenter/View/79845
Participant Name: __________________________________________________________
Participant Email: _________________________________________________________
Telephone (Personal): ____________________________________________________________________

Please check ✓ your workshop choices *[The May 30th dinner & workshop is only open if your program is registered with the CCRR & including program casual staff]*

<table>
<thead>
<tr>
<th>Workshop Topic</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensing Information for Group &amp; Family Child Care with CCFLB Central/North Licensing Officers</td>
<td>Saturday, April 8, 2017</td>
<td>9:00am-12:00pm</td>
<td>FREE Registration required</td>
<td>Clements Centre</td>
</tr>
<tr>
<td>Child Care Provider Appreciation Dinner &amp; &quot;Exploring Diversity in Child Care&quot; with Dr. Linda Hill</td>
<td>Tuesday, May 30, 2017</td>
<td>6:00pm-8:30pm Dinner 6:00-6:30</td>
<td>$ 10.00 CCRR registered programs only *</td>
<td>Clements Centre</td>
</tr>
</tbody>
</table>

The following methods of payment are accepted with registration form:
Phone: credit card. In person: debit card or credit card. Mail: Cheque or credit card.

**Make cheque payable to:** Clements Centre & mail to:
Clements Centre 5856 Clements St. Duncan, BC  V9L 3W3

**No refunds, but you may send someone in your place.**

Registration confirmation will be sent by e-mail. No waitlists or post-dated cheques.
Canada
Province of British Columbia
A Proclamation

ELIZABETH THE SECOND, by the Grace of God, of the United Kingdom, Canada and Her other Realms and Territories, Queen, Head of the Commonwealth, Defender of the Faith

To all to whom these presents shall come — Greeting

WHEREAS child care is a vital community service that supports healthy families and a healthy economy, and
WHEREAS quality early learning and child care programs strengthen children's cultural identity and language, and contribute to their healthy development and readiness to learn, and
WHEREAS child care providers are essential to providing quality and safe child care, and
WHEREAS child care providers, parents, federal, provincial and municipal governments, businesses, community associations, First Nations and Aboriginal communities, and all citizens share a commitment to ensuring that quality child care spaces are available for families, and
WHEREAS the government of British Columbia supports and promotes the delivery of safe, culturally relevant and high-quality child care options to ensure programs and services are available to support and protect our most vulnerable children and families, and
WHEREAS many individuals, organizations and municipalities throughout British Columbia have, since 1982, organized events in celebration of Child Care Month and Child Care Provider Appreciation Day.

NOW KNOW YE THAT, We do by these presents proclaim and declare that the month of May, 2017 shall be known as

“Child Care Month” and May 18, 2017 shall be known as

“Child Care Provider Appreciation Day”

in the Province of British Columbia.

IN TESTIMONY WHEREOF, We have caused these Our Letters to be made Patent and the Great Seal of Our Province of British Columbia to be hereunto affixed.

WITNESS, The Honourable Judith Guichon, Lieutenant Governor of Our Province of British Columbia, in Our City of Victoria, in Our Province, this fourteenth day of February, two thousand seventeen and in the sixty-sixth year of Our Reign.

BY COMMAND.

[Signature]

Attorney General and Minister of Justice (counter signature for the Great Seal)

[Signature]

Lieutenant Governor